



Eye Associates of Tucson

Instructions Prior to Cataract Surgery

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- It is important you do not eat or drink anything 8 hours before your surgery. It is okay to take your regular medications with a sip of water.
 - If you are diabetic, do not take any diabetic medications the morning of surgery; you will be monitored at the facility. If you have concerns about your diabetes, contact our office.
 - You will be asked to start two medications the day before surgery. You will start an antibiotic drop (to help fight infection) and two anti-inflammatory drops (like Motrin or Advil). You will start an additional medication the day after surgery.
 - Please wear loose fitting comfortable clothes. It is suggested that you wear a shirt that can be removed without having to be pulled over your head, such as a button down shirt.
 - You will need a driver to and from Catalina Surgery Center on the day of surgery.
 - You will receive IV (intravenous) sedation.
 - Prepare to spend approximately 3 hours at the surgery center.